Wednesday 21st April, 2027

DIOCESE OF BALLARAT CATHOLIC EDUCATION LIMITED

CATHOLIC EDUCATION BALLARAT

Primary & secondary Staff

Consent, Sexuality and Respectful Relationships Education (CSRRE) Skills Training

A Catholic understanding of the human person is based on the belief that all people are created in the image of God with each person having an inherent dignity.
Sexuality is a sacred gift from God and an integral part of one's identity.
Therefore, sexuality education is a fundamental part of the mission of the Catholic school that educate for the flourishing of each student.

- **The Catholic Context**
  - Theological underpinnings
  - Why sexuality education in Catholic school?
- **How to get started**
  - Teacher confidence
  - Teacher familiarity with content
  - Understanding childhood sexuality
  - Whole School approach
- **Setting up the classroom for safety**
  - Group guidelines
  - Managing & reporting disclosures
- **Healthy, Respectful Relationships & Decision Making**
  - Gender based disrespect and violence
  - Positive relationships
  - Sexual Expression, Intimacy and Pleasure
- **Consent**
  - How to teach it at all ages
  - Body and protective safety
  - Sexual Assault and Harassment
- **Sexual and Reproductive Health**
  - Puberty
  - Sexual and Reproductive Anatomy
  - Reproduction, Contraception, STI's
- **Diversity**
  - Sexual orientation, identity, expression
  - How to use inclusive language
  - Whole School Approach
- **Social Media and Pornography**
- **Class activities and lessons demonstrated**

Gather: 9.15 am for 9.30am start
Conclude: 3.00 pm
Food provided

Sovereign Park Motor Inn
(Red Lion Hotel)
223 Main Road
Golden Point, Ballarat.

Bookings Essential via Trybooking beginning 2027, enquires: btolan@ceoballarat.catholic.edu.au

Intended Audience:

Primary and secondary teachers involved in teaching Sexuality Education
Health and Physical Education teachers
Religious Education Leaders
Wellbeing Leaders

Learning Outcomes:

Increase familiarity with the subject & curriculum content including the use of Fullness of Life for All scope and sequence.

Skills Training and support for School Teachers to deliver Consent, Sexuality and Respectful Relationships Education to their students

What others have said:

"...This course was excellent! Delivery was brilliant. Thanks Vanessa!...'
"...I enjoyed seeing and putting into practice the resources that are available to use. Also being able to discuss the topics with colleagues..."
"... The best PD I'ver ever been to. Thank you so much Vanessa..."



Vanessa Hamilton
Talking the Talk Healthy Sexuality Education
25 Years Experience
Sexuality Educator & Sexual Health Nurse
Award Winning Author

TALKING THE TALK HEALTHY SEXUALITY EDUCATION

www.talkingthetalksexed.com.au